

SAFETY PLANNING FOR YOUTH

1. I CAN TELL _____ ABOUT THE ABUSE/VIOLENCE.
2. I AM GOING TO CHANGE MY SCHOOL LOCKER OR LOCK.
3. I AM GOING TO TAKE A DIFFERENT ROUTE TO AND FROM SCHOOL.
4. I WILL ALWAYS TRAVEL WITH A FRIEND OR GROUP OR FRIENDS.
5. IF STRANDED, I CAN CALL _____ FOR A RIDE.
6. I AM GOING TO CHANGE MY CELL PHONE NUMBER, OR BEEPER, E-MAIL ADDRESS, ETC.
7. I WILL ALWAYS HAVE SPARE CHANGE, A CALLING CARD, AND A NUMBER OR A FRIEND WITH ME AT ALL TIMES.
8. IF I HAVE A PROTECTION/RESTRAINING ORDER, I WILL CARRY IT WITH ME AT ALL TIMES.
9. I COULD GO _____ IF I NEEDED TO GET TO A SAFE PLACE FAST.
10. I WILL TELL MY JOB ABOUT MY SITUATION AND ASK THEM TO BE ALERT.

Safety planning for youth is from the website:
www.law.cua.edu/academic/cle/falc/teenworkshopmaterial